Mettler Studios and Noyes School of Rhythm are co-sponsoring a

## Weekend Residential Workshop: Exploring Nature through Mettler-based Dance Improvisation and Noyes Rhythm

Friday, August 11th – Sunday August 13th, 2023 At the beautiful Noyes School of Rhythm Portland, Connecticut

Taught by Mary Ann Brehm and Patricia Carhart Collins

Fee: \$250 (includes 3 overnights 5 pm Friday through 11 am Monday)

Schedule:

Friday 7:30 pm orientation and Mettler-based kinesthetic awakening movement session

Saturday 9 am to 3:30 am Mettler-based Dance (taught by Mary Ann Brehm)

Sunday 9 am to 3:30 am Noyes Rhythm (taught by Patricia Carhart Collins)

There will be a mid-day break for lunch and plenty of time to explore the <u>natural environment of Noyes</u>
School of Rhythm

Housing is in rustic cabins-- most without electricity--and platform tents. Full kitchen facilities available, bring your own food, bedding, flashlight or electric lantern, toiletries





## Registration opening soon

For further information click <u>Here</u>
Or contact:

mabdance@aol.com or p.carhart@verizon.net

Funded by Mettler Studios and Noyes School of Rhythm